

Under Pressure

A research report into medical evidence



*Based on the evidence of Stirling
District Citizens Advice Bureau*

by Andrew Scobie, Social Policy Researcher

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Stirling & District Citizens Advice Bureau is one of the 61 member bureaux that form Scotland's largest independent advice network. CAB advice services are delivered using service points throughout Scotland, from the islands to city centres.

The CAB Service aims:

- ▶ **to ensure that individuals do not suffer through lack of knowledge of their rights and responsibilities, or of the services available to them, or through an inability to express their need effectively**

and equally

- ▶ **to exercise a responsible influence on the development of social policies and services, both locally and nationally.**

The CAB Service is independent and provides free, confidential and impartial advice to everybody regardless of age, disability, gender, race, religion and belief and sexual orientation.

Acknowledgements

The author would like to thank the following people. Thanks firstly to James and Charlie for distributing questionnaires. Thanks also to David, Obi, Craig and all the staff and volunteers at Stirling CAB for all their help. Final thanks go to Beth Reid at CAS for her time and excellent insights and to Lucy Manson for all her hard work and continued support offered to the social policy team at Stirling CAB.

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